

# THE ARTIFACT

## Graduation



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# A JOURNEY OF HARD WORK AND DEDICATION

## *Congratulations!*

Dear graduates! It's time to finish your studies at the university and go your own way! We sincerely congratulate you on completing your studies and wish you to become highly sought-after and highly paid specialists! Feel free to follow the right path to success, master new knowledge and reinforce it with practice! Thank you for your efforts, dedication and strong character! Thank you for your understanding at the right time and your active participation in the life of the Uni! We wish you to preserve your optimism, cheerfulness and thirst for knowledge! Remember that destiny is in your hands and you are capable of great things, dear university graduates! You have been walking for so long to this day, and here it is – the long-awaited diploma. May the time, nerves, and energy you've spent on achieving this goal pay off. Let the diploma help you to arrange your life at the highest level in the future, and all the acquired knowledge, skills and competences will be of use.

May 25 is the day when our graduates will say goodbye to our Uni, our teachers and friends. 5 years of study have flown by like one day and our graduates have something to say to freshmen. So, let's read out the wishes of those who have already gone through the thorny path and are on the threshold of professional adulthood!

Life is just beginning, and the university will always warmly await you again! We hope that you will remember your studies with warmth and will be able to achieve your goals! Love, dream and create!





# A JOURNEY OF HARD WORK AND DEDICATION



***Sharipova Zalina***

When I enrolled, I was very scared, probably like all freshmen, and at the same time it was interesting, because this is a new chapter in my life. At first, it was strange for me to be in a new society as a student. But I will tell you that these five years were the best years in my life. I met my best friend, learned to live independently, and realized that I was surrounded by amazing people who shared my interests.

First-year students, you will have an incredible journey as a student, which will give you not only a sea of new impressions, emotions and a lot of friends, and true friends at that.

Be brave, don't be afraid to take a risky step. Take advantage of every opportunity that comes your way and just get high, because there is only one life.

I believe in you and I'm already proud of you!

Hello to all students! I would like to give you some study tips....

First, don't be afraid to make mistakes. Mistakes are your best teacher. The main thing is to learn from them and so as not to repeat the same thing twice... (or three times).

Second, plan your daily routine (at least try). The best plan is to have a list of pre-prepared tasks and ignore it until the panic starts ~5 minutes before the deadline. Third: don't forget about yourself. Study is important, but your health is more important. Don't turn your life into a continuous marathon of doing homework, reading textbooks, and taking notes on lectures. After the session (and not only), be sure to find time to relax! (Just don't overdo it)

Finally: I advise everyone not to give up and remember: studies is just a stepping stone to your dreams! So set goals for yourself, go for it, become the best version of yourself!



***Shaverskaya Daria***

# A JOURNEY OF HARD WORK AND DEDICATION!



***Mukhametzhanova Ralina***

Dear undergraduates! I would like to share with you some tips that helped me during my studies.

1. Don't forget about sleeping before exams (and not just before exams)! It's better to get some sleep than not to sleep at all. A rested mind is better equipped to receive new information.
2. Participate in everything. Student activities, grants, courses, and competitions. Student life is the most wonderful time to try something new. There won't be time later.
3. Don't be afraid of anything. Don't be afraid to sound stupid or to ask again. It's okay not to understand something the first time.
4. Don't give up if something doesn't work out. A small step is still a step towards your goal. Keep moving forward, even if slowly.

P.S. Write, call. We are always happy to help you!

I am not a master of giving advice, but, dear students, I can say something.

First of all, you are no longer in school – this is a new stage in your life, try to take everything from it. Try new things, even if it's scary, even if it doesn't work out the first time – the main thing is to try! Then you will be proud of yourself that you were able to step over the barriers and learn new things!

Secondly, You study in the most united, talented and creative faculty of BBUUST! There are so many responsive, caring, initiative guys here who will always support, prompt and help. Wonderful teaching staff: people who are passionate about their work, who will always meet you halfway, people who inspire!

In general, these words have already become our slogan, because it's true: FFiMK is a family.



***Belyavskaya Anna***

# BAD ADVICE ON HOW TO ACE YOUR EXAMS



**Well, dear student, there's only one night left until the exam. Admit it, it's a classic! It's the perfect time to cram the material that you have NOT studied for the past six months.**

**Here are a couple of the most harmful tips on how to get everything done and not burn out.**

**1**

All day, you should worry a lot but still do nothing. Then, in the evening, drink all sorts of energy drinks and try to make sense of your classmate's notes, while also listening to the angry messages from the class representative.

**2**

Sleep? Oh... That privilege is no longer available to you; you've already slept for six months.

**3**

You've read a whole 5 pages?! You're doing great! Now go watch an episode of your favorite series. Just one episode; don't worry, it'll be fine!

**4**

It's time to eat! Nothing beats instant noodles Doshirak! It is packed with so many beneficial microelements, (possibly with a bit of dust from your textbook). And of course, it'll help your body reboot and better absorb the material.

**5**

How could you forget about your best friend?! CHAT GPT! It has a gift for you! All the exam questions! It might have written something incorrectly, but you should trust it! After all, can you really not trust your best friends!?

**6**

And now it's time to sleep. Don't forget to turn off all alarms, because your brain already knows when it needs to shine with all its knowledge. Oh, and don't forget to set your phone to silent mode so that no one disturbs your sleep, as it is so important before such a significant test as an exam!

**Good luck in your session and exams! We hope this article will motivate you to start preparing in advance, eat well, and get enough sleep. And don't listen to all those "tips."**

**By Belyavskaya A., Khusainova E.**





# A SUMMER TRIP TO THE REPUBLIC OF BASHKORTOSTAN

**YOU DON'T KNOW WHAT TO DO THIS SUMMER, DO YOU?  
ISN'T THIS A REASON TO GO ON A TRIP ACROSS YOUR NATIVE LAND? IT'S TIME TO LOOK AT  
BASHKORTOSTAN IN A NEW WAY!**

Time of changes, opening new horizons and having the desire to discover something new – these things inspire many young people.

Summer is the perfect time for travelling. After passing summer exams successfully, a change in your schedule is the best way to relax.

If you are looking for a place where ancient traditions and dynamic development meet – welcome to Bashkortostan! Our republic can offer many interesting places for trips. In this article, we will tell you about a few of them.



1. The Pink Rocks are located in the Beloretsky district on the right bank of the Inzer River. At dawn, in the morning haze, the rocky cliffs truly take on a pink hue. This shade is given to the rocks by fossilized algae that grew in this area 2.5 billion years ago. The sea disappeared, but the limestone deposits of its seabed remained, eventually turning into an elevated landform.



2. Sterlitamak Shikhans - Yuraktau, Kushtau and Tratau — a natural paradise for adventure seekers. If you like nature and are looking for a place for active recreation, then you should visit Tratau Park! These peaks are great for hiking, photo sessions, or just to feel a connection with the ancient history of the region.





3. Muradym Gorge is a picturesque natural park featuring a narrow rocky canyon through which the Ik River flows. The gorge is famous for its numerous caves with stalactite formations and ancient rock paintings. In summer, visitors can enjoy hiking along equipped trails, explore the caves, go camping, and appreciate the unique nature of Bashkortostan.



4. Blue Lake (Zyangyar Kul) – the magical pearl of Bashkortostan. This small mountain lake with crystal clear water amazes with its bright blue color. Situated in the picturesque mountains on the border with the Chelyabinsk region, it has become a popular vacation spot among tourists and locals. This place is ideal for those who seek peace, natural beauty and inspiration.



5. Lake Nugush - a large mountain reservoir with clear water, surrounded by dense forests and mountains. In summer, boating, fishing, cycling, and horseback riding are popular activities here. Nearby, you can visit Mount Monomakh's Hat and the Kuperlya Waterfall. There are tourist bases for accommodation, and camping with tents is also possible.



6. Atysh Waterfall – one of the most beautiful waterfalls in the region. Located near the city of Sterlitamak in the picturesque valley of the Atysh River, it amazes with its power and beauty, especially in the spring during the melting of snow or after heavy rains. Scenic paths for walking and photo sessions are located around the waterfall. A visit to Atysh will give you an unforgettable experience of unity with nature.

**By Shaverskaya D., Pilipenko A.**



# SUMMER SLANG AND IDIOMS:

## EXPLORING EXPRESSIONS FOR SUN, SURF AND CHILL VIBES

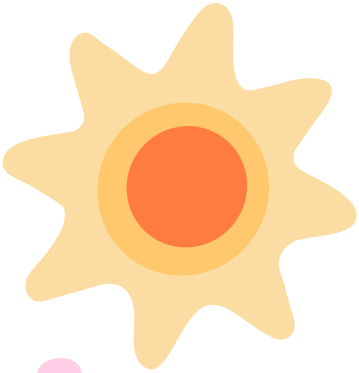
Summer brings to mind lazy afternoons by the pool, sun-soaked beaches, and the freedom to change a scenery from a lecture hall for a hammock next to the sea. To truly absorb the season's spirit and speak like a native, it helps to learn the colloquialisms and idioms that convey its warmth and carefree energy. Whether you're brushing up your English for fun or aiming to sound like a native during summer, this paper will help you to reach your goal.

Having summer adventure doesn't require a plane ticket or big travel plans, you can simply try a «**STAYCATION**». and rediscover your home town with fresh eyes. For students squeezed between final exams and graduation ceremonies, a «**STAYCATION**» может означать посещение выставки современного искусства, дегустацию авторских коктейлей в местном кафе или неспешное «**CHILLING**» на травяном газоне кампуса с хорошей книгой. Но стоит кому-то крикнуть «**HIT THE ROAD**», как компания мчится навстречу закату, с идеальным летним плейлистом и предвкушением «**GOLDEN HOUR**», того волшебного «золотого часа», когда всё вокруг купается в мягком оранжевом сиянии.

Of course, the main summer destination is the beach. You would see a lot of «**WAVE CHASERS**», who can't stay away from the waves, they show up early and «**HIT THE WAVES**» until sunset. At the same time, plenty of people are just there to tan, trying to get that perfect «**SUN-KISSED GLOW**», and showing off their bronzed skin. It`s a perfect place to «**SERVE THE OUTFITS**», show off nice swimwear and take «**THE PHOTO**» during the stunning sunset.







If getting sandy isn't your vibe, a «**FOODIE TOUR**» through cafés or street food might be more perfect for you. When it's hot and you all sweaty, nothing hits like an «**ICE-COLD BREW**», whether it's a beer, fizzy lemonade, or your favorite iced coffee. You'll hear people say «**GRAB A COLD ONE**», when it's time to relax with a drink in hand, or «**COOL DOWN WITH SOMETHING FROSTY**» after a day in the sun.

Summer nights come alive with backyard barbecues and rooftop parties, complete with a lexicon of their own. «**CHILL VIBES ONLY**» is the unofficial motto, meaning leave your stress at the door and unwind. When you see «**TIME TO CHILL OUT**» — there's no better prescription than kicking back on an inflatable lounger with a cold drink and good company. Romance often follows this type of energy and you might find yourself in a «**SUMMER FLING**» - a romance that's all about living in the moment, or even end up in a «**SITUATIONSHIP**», where the boundaries are casual and undefined. For couples ready to combine love and leisure, «**BAECATION**» — a getaway planned just for you and your bae Babe/babe), would seem like a perfect idea.

This season can also test your self-control and self-discipline after days spent lying in bed late into the morning, you might find yourself «**BEDROTTING**», when you are in that zombie-like state and your main activity is «**SCROLLING**» through social media.

MORE THAN JUST A SEASON, SUMMER IS AN INVITATION TO LET YOUR ENGLISH TAKE ON A BRIGHTER HUE. WITH SUNNY IDIOMS AND COOL SLANG, YOU'LL FEEL MORE CONNECTED TO A CULTURE THAT CELEBRATES LONG DAYS, WARM NIGHTS, AND THE SHEER JOY OF DOING ABSOLUTELY NOTHING.

# CYCLING IN BIRSK: MY PERSONAL EXPERIENCE

I want to share some of my favourite cycling routes in Birsk and its environs. Basically, this information will not be something utterly new or exclusive, as you can always open a map and prepare a route for yourselves. The main thing when planning a cycling trip is attentive use of maps with particular attention to minor roads, sights, water bodies (nothing is perhaps more pleasant after cycling in summer than swimming in a lake, river, or rivulet).

In the summer of 2019 I cycled a lot in and outside Birsk. After the trips I would write down my impressions, feelings and thoughts and even publish them in a community in Vkontakte; probably those posts are still alive. Cycling in the town itself might not be too interesting because it is small and, in my opinion, you'd better see the sights of small towns on foot.

Cycling is a way to stay fit. I mean when your pace is leisurely and you do not have to ride a hundred kilometers of steep hills breathing hard like a hunted animal. There are certain parts of the human body which do not quite like intensive cycling – the knees, for instance. The terrain in the Birsk Region is rather challenging unless you train regularly, but that's one of the main joys of cycling – going uphill to contemplate the views and then feeling an adrenaline rush going downhill at a high speed.

Before we turn to the suggested routes, let me pinpoint some self-evident safety precautions for cyclists: take along a spare tire or a repair kit, some snacks and a bottle of drinking water; beware of stray dogs; be very careful on public roads, listen to the sounds of approaching vehicles and stay closer to the road shoulder; control your speed and maneuvers at all times. I advise to use navigation and GPS-positioning only when you are definitely lost; it is better to use your intuition and common sense and an offline map.





1. Around Lake Shamsutdin via Kusekeyevo and Popovka (including Lakes Shiren, Karakul, Kulesh, Podvornoye, Krasnozharovo). Those are mostly meander lakes of the Belaya River. I'm not sure whether you can swim in any of them except Shamsutdin. When we were students, I and my friend even tried to run around Lake Shamsutdin, and it was exhausting. You can also hike around the lake; the scenery is quite peaceful and soothing except the part from Kondakovka to Birsk where you follow a public road. As for Lake Kulesh, I went there on skis several times in winter.

2. The remains of the Desyatkinno water power plant (Desyatkinno rapids). The route can be looped back to Birsk via Malosukhoyazovo and Emashevo (the Kazan Church) and Osinovka, in this case its length is about 60 kilometers. This is a route I intend to cycle some day. In Malosukhoyazovo I spent a couple of unforgettable days in 1996 or 1997. My mother sent me there for berry-picking, but the main memory is not about berries but about an interesting book (forbidden for children) which I found on the wardrobe top.

3. Nikolayevka (Church of Michael the Archangel) – Nikolsky – Solyanka rivulet – Oreshnik. From Oreshnik you can either return to the town or descend back to the river bank and follow Ak-Idel and Tsurypuy Streets (both of these are the streets where I grew up), then try to reach the Bir River (there should be a path along the Belaya) and ascend to the end of Internatsionalnaya Street (I remember there were many dogs and a dump for solid domestic waste), and eventually you'll come back to Birsk. You might even have enough strength and energy left to make a detour via Koltsevaya Street to Staroburnovo and the Burnovo ponds.

4. Sosnovy Bor via Silantyevo, a small waterfall on Yulanda River. I think the territory of Sosnovy Bor is not freely accessible now, but a bypass path to Yulanda existed there in 2019. When I was a student I worked there as a camp counselor in 2003–2005, an amazing experience. I hope the waterfall has not dried up by now.

To sum up, I'd also advise to repeat your summer cycling adventures in autumn when the colours are richer.





# MEMORY OF THE GREAT: 120 YEARS OF ANTOINE DE SAINT-EXUPÉRY AND HIS LEGACY

Everyone has read the works of Antoine de Saint-Exupéry at least once in their life. But do you know him well enough?

Antoine de Saint-Exupéry is an outstanding French writer and aviator, whose work has left a deep mark on world literature. In 2025, we celebrate the 125th anniversary of his birth. This is a great opportunity to remember his life and legacy.

Saint-Exupéry was born on June 29, 1900 in the French city of Lyon. He became known for his works, which combined elements of autobiography, philosophy and poetry. His most famous work is considered to be "The Little Prince", which was written in 1943. This book is a classic of world literature, and it has also been translated into many languages. The work touches on the theme of friendship, love, loneliness and the search for meaning in life. This makes it relevant for readers of all ages.



Besides "The Little Prince," Saint-Exupéry wrote works such as "Night Flight" (1931) and "Citadel" (published posthumously in 1948), which also explore the themes of human nature, responsibility, and the pursuit of freedom.

His experience as a pilot had a significant impact on his work. Many of the stories are based on real events in his life.

Saint-Exupéry is also known for his philosophy of humanism. He believed in the importance of communication between people and the need to take care of others. His work inspires us to reflect on life, what really matters, and how we can make the world a better place.





Unfortunately, Saint-Exupéry's life ended tragically. He went missing during World War II in 1944 while on a combat mission. However, his legacy lives on. His books remain popular and inspire new generations of readers.

This year, we can celebrate the anniversary of his birth as well as the importance of his ideas in the modern world. Saint-Exupéry's legacy reminds us of the value of human relationships, of the need to dream and strive for more.

To better understand what an outstanding man Antoine de Saint-Exupéry was, let's look at a couple of facts about him:

- Saint-Exupéry wrote his first fairy tale at the age of 6.
- Exupéry didn't know how to lie at all. When he tried to lie, he immediately blushed profusely and began to confuse the words.
- The author's most famous work is "The Little Prince", which has been translated into 250 languages and dialects.
- In total, in peacetime and wartime, Exupéry crashed at the controls of an airplane 15 times.



Thus, we've got familiar with a great writer who made a huge contribution to modern world literature.

**By Nizaeva Ya., Valiullina Z.**



# HOW TO ENJOY READING AGAIN:

## TIPS FOR THOSE WHO HAVE FORGOTTEN WHAT BOOKS ARE

**If you are thinking how to regain your love of reading, this is already a good sign! This means that you are ready to take a step towards books and new knowledge. Here are some tips to help you rediscover the world of literature.**

### 1. CHOOSE AN INTERESTING GENRE

The first step to reviving your love of reading is to choose a genre that you are really interested in. Perhaps you used to love fiction, but now you are closer to detective stories or non-fiction. Don't be afraid to experiment! Try different genres until you find the one that excites you. Reading should be enjoyable, so choose books that interest you.

### 2. CREATE A COZY ATMOSPHERE

The atmosphere plays an important role in the reading process. Find or create a place where you will feel comfortable and enjoy reading. It can be a cozy corner in your home, where there is a soft armchair, good lighting and, perhaps, a cup of tea or coffee nearby. Make sure that you are not distracted by extraneous noises. Create an atmosphere around yourself that will encourage you to immerse yourself in the book.

### 3. SET SMALL GOALS

If you haven't read for a long time, it may seem difficult to return to this task. Start with small goals. For example, read 10-15 pages a day or one chapter. Gradually increase the volume when you feel that reading has become fascinating for you again. The main thing is to take your time and enjoy the process.





# HOW TO ENJOY READING AGAIN:

## TIPS FOR THOSE WHO HAVE FORGOTTEN WHAT BOOKS ARE

### 4. ENTER THE READER'S DIARY

Write down some favorite thoughts, quotes, or just impressions. This will help you to feel the book more deeply and preserve the memory of what you have read. And also to see how you yourself change along with the books.

### 5. LISTEN TO AUDIOBOOKS

If you don't have time to read, try listening to audiobooks. Audiobooks are easy to fit into everyday life: on the road, while walking or doing household chores. It's also a way to get closer to literature.

### 6. DISCUSS BOOKS WITH OTHERS

Discussing books you've read with friends can motivate you to read more. The exchange of opinions enriches perception and makes the reading process more exciting

### 7. REREAD YOUR FAVORITE BOOKS

If you can't find a new book that interests you, reread your old favorites. It can bring back the joy of reading and remind you why you used to love reading.

### 8. GIVE YOURSELF A BOOK AS A GIFT

Buying a new book can be a pleasant incentive to return to reading. Choose the works that interest you and enjoy the reading process.



# YOUR HOROSCOPE FOR SUMMER



**Summer is not only a time of relaxation and entertainment, but also an opportunity to discover new horizons, sort yourself out and find a new hobby. What do the stars say about your summer season? Read our horoscope for summer 2025 and find out what awaits you.**



**ARIES**  
**(MARCH 21 - APRIL 19)**

Summer promises to be intense and energetic. Aries, this is the time for new beginnings — perhaps you will plunge into internships or study projects. Your initiative will help you make useful acquaintances that may be valuable in the future. Don't forget about balance: harmony is important in rest and work.



**TAURUS**  
**(APRIL 20 - MAY 20)**

For Taurus, summer will be a time for strengthening personal ties and taking care of their health. Perhaps you are thinking about traveling or participating in volunteer projects. This is a good time for self-development and learning new skills that will be useful for further career growth.



**GEMINI**  
**(MAY 21 - JUNE 20)**

Gemini, this summer encourages your curiosity. Expect interesting acquaintances and unexpected adventures. If you are planning training courses or language modules, now is the perfect time. Don't be afraid to experiment and look for new ways.



**CANCER**  
**(JUNE 21 - JULY 22)**

Summer will create favorable conditions for family and personal affairs. Cancers, take time for self-reflection and energy recovery. You may have the opportunity to work on your own projects or start a new hobby.





**LEO**  
**(JULY 23 - AUGUST 22)**

Leo, your radiance will reach its peak in the summer months! It's a great time for self-realization – offers of cooperation, participation in student events or creative contests are possible. Don't forget about friendly support and share the positive.



**VIRGO**  
**(AUGUST 23 - SEPTEMBER 22)**

This summer is an opportunity for Virgos to systematize their knowledge and prepare for upcoming exams or summer practice. It's a good time to plan for the future, analyze goals, and organize yourself. Mind-expanding trips are also great.



**LIBRA**  
**(SEPTEMBER 23 - OCTOBER 22)**

Libra, a harmonious summer awaits you. It's a time of friendship, romance, and balance. Discovering new hobbies or participating in cultural events can be the highlights of this season. Don't be afraid to share your thoughts and feelings.



**SCORPIO**  
**(OCTOBER 23 - NOVEMBER 21)**

Summer for Scorpios is a time for deep inner work and new beginnings. Perhaps there will be a desire to engage in self-education or sports. It's also a good time to strengthen relationships and seek inspiration.





**SAGITTARIUS**

**(NOVEMBER 22 - DECEMBER 21)**

**Sagittarius, your summer is full of adventures! Traveling, student festivals and new acquaintances will open up new horizons for you. Studying during this period can bring unusual ideas and inspiration for future projects.**



**CAPRICORN**

**(DECEMBER 22 - JANUARY 19)**

**Capricorns, in the summer you can focus on professional goals. New opportunities for internships or participation in research projects are possible. Time is great for personal growth and self-confidence.**



**AQUARIUS**

**(JANUARY 20 - FEBRUARY 18)**

**For Aquarians, this summer is a charge of creativity and experimentation. You may want to start new hobbies or realize your own ideas. Don't be afraid of ideological experiments — inspiration comes right now.**



**PISCES**

**(FEBRUARY 19 - MARCH 20)**

**Pisces, summer will be a time for inner balance and spiritual development. It's a good time for traveling, meditation, and self-healing. This will help you gain new strength and prepare for the autumn achievements.**

**By Nikolaeva K.**